

We were both crushed flat... broken by our first marriages. We considered ourselves “unfixable”, unable to cope, unable to do anything but try to withdraw from the world. We were emptied, not of our own volition and not in a self-sacrificial way, but by those who had attempted to completely squeeze the life out of our souls.

We weren't looking to start over, but we found each other (with some help from knowing friends). We began to talk to each other; and slowly, we strengthened our friendship until we became committed to each other.

The parts of our hearts that store the love between a man and a woman had been crushed and squeezed until they had become dried out like an old sponge. In our new relationship, I realized that when we wanted to hold each other for so long, we were slowly re-absorbing love, and thus recharging that part of our hearts. We could feel strength flowing back and forth between us, our spirits growing with each wave.

When we finally were almost fully re-charged, or re-filled, we were able to move forward until we became ourselves again. Now we are able to do tremendous things in our lives through the strength and love that we share¹.

1. Not unlike how we can do all things through the strength Christ shares with us as described in Philippians 4:13