

One of the things that stands out to us when we think of the communion is the anguish that Christ endured as He prayed in the garden. We just sang the song “Peace, Perfect Peace”, where one of the lines states, “In Jesus' presence nought but calm is found.” When I think of Christ’s anguish, though, I realize that He went through it so that we could have peace and lay our cares on Him.

In thinking about Jesus in the Garden, Philip Yancey wrote, “Had I been there and witnessed that struggle, I would have worried about the future. ‘If he is so broken up when all he is doing is praying,’ I might have said, ‘what will he do when he faces a real crisis?’” Was this the Messiah that they were looking for? Was this their noble king?

Christ’s actions in the garden show that He understands our anguish; even now as we pray in our own anguish sometimes during the Lord’s Supper. The main point to remember is that we have His presence always, and He is someone who can feel (and has felt) our pain.