

**The Container (communion content)**

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When I think of the core of God's Goodness, I envision a highly powerful, reactive ball, sort of like molten lava. What kind of physical vessel could contain it, so that we could see it and understand it?

A human body is weak and frail, but that is what God chose as the vehicle to deliver His Love. Think of a human body struggling to contain the emotional power of God; but Christ did this for us.

It couldn't be totally contained: It splashed onto those who came near it, it gushed out when the body was broken on the cross, and it sweeps mankind into His arms.

We now partake of the symbols of the remnants of his body which represent the working of God's great sacrificial love.

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